



**Aged 16 or over?**

**Out of work**

**and need**

**Support?**

**Bridge can get you**

**back on track...**

**HOW BRIDGE CAN HELP:**

Bridge supports people aged 16+ living in Northumberland who need support to get their lives back on track - if you are out of work we can support you.

**AS A MINIMUM OFFER YOU WILL RECEIVE:**

A named Bridge Worker  
An assessment of your digital skills  
A financial Wellbeing MOT

In addition to this you will also be able to access specialist support from our partners to meet your individual needs.

**YOU WILL LEAVE US WITH:**

Job seeking skills, a new CV, new transferable skills and increased confidence and self esteem.

**BRIDGE - getting YOU back on track!**



**COMMUNITY  
FUND**



[WWW.BRIDGENORTHUMBERLAND.ORG.UK](http://WWW.BRIDGENORTHUMBERLAND.ORG.UK)

Bridge aims to help you identify a support package from our partners to help you improve your self-confidence, health and wellbeing, finances and employability skills to move you closer towards a positive outcome including training and employment through access to various support services.

**To be eligible for Bridge support you must:**

Be aged 16 or over

Live in Northumberland

Have the right to remain and work in the UK

Not be currently in any paid employment or self-employment

Not be currently accessing any other formal training

Have multiple barriers preventing you from moving on in life

**We can help you with a personal action plan and support package to address your issues. These might include:**

Health problems

Disabilities

Homelessness

Domestic abuse

Mental health

Financial hardship

Social isolation

Substance misuse

“Before Bridge I was in a really dark place, I wouldn’t leave the house and was depressed. My depression would take over and I’d have no interest in anything. Being on the Bridge Project has been life changing - if it hadn’t been for Bridge I wouldn’t have been able to cope!”

**TO FIND OUT HOW WE CAN HELP YOU GET BACK ON  
TRACK PLEASE CALL:**

**Tom: 07826554621 or Amanda: 07818511679**

The Bridge Project is funded by The European Social Fund and The National Lottery, through The National Lottery Community Fund.